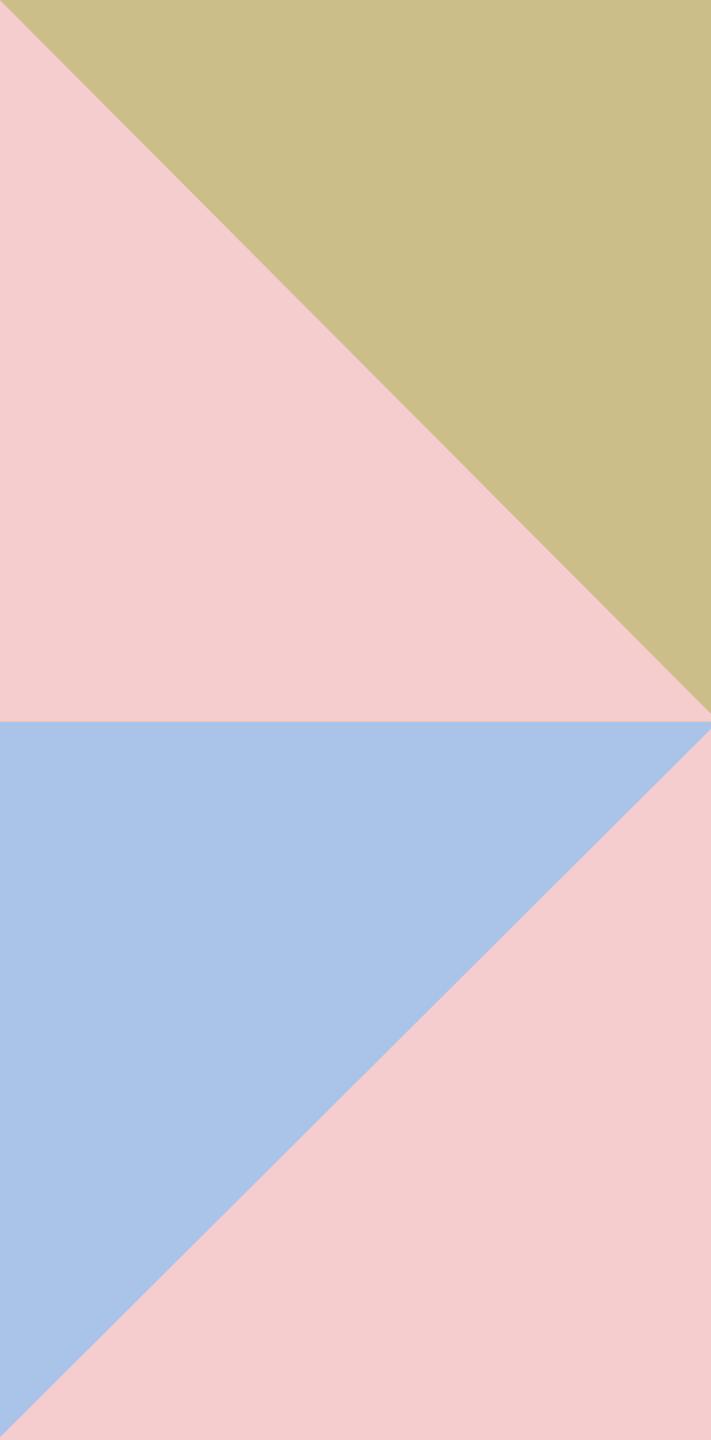


# **STRANGE SITUATION MAP**

Makenzie Marwitz



# WHAT IS ATTACHMENT?

According to Moccia et al., 2020, Attachment is defined as intimate bonds we make during early infancy that crucial for our social and emotional development as we age.

# STRANGE SITUATION MAP OVERVIEW

- Reactions from the children
- Observations between parental figure and child

The Strange Situation was designed to examine behaviors within infants' attachment to their guardians and to explore their behaviors based under different stressful situations (Bretherton, I. 1992).

Measures observed

# SECURE ATTACHMENT STYLE

## Child Characteristics

- Confident
- Manages emotions well
- Reliable

## Caregiver Characteristics

- Gentle love
  - Playful
  - Sensitive
- Vocalized often with the infant
- Supportive

## Reunion Characteristics

- Excited
- Affectionate
- Sought interaction

## Approach to Security

- Open
- Secure

## Facets of Secure Attachment

- Sought comfort in caregiver while exploring their area

## Impact on Relationship Behaviors

- Has pleasure in others company
  - Coherent early attachments

# AVOIDANT ATTACHMENT STYLE

5

## Child Characteristics

- Independent
- Less sensitive towards others

## Caregiver Characteristics

- Lack of empathy
- Lack of support
- Dismissive

## Reunion Characteristics

- Infant did not care that parent left or returned

## Approach to Security

- Distant
- Uninterested in connection

## Facets of Avoidant Attachment

- Feelings of being unlovable and unworthy

## Impact on Relationship Behaviors

- Inconsistent relationships
- Conflicts in relationships

# AMBIVALENT ATTACHMENT STYLE

6

## Child Characteristics

- Angry
- Distant
- Feels unworthy

## Caregiver Characteristics

- Not involved in the infant or child's life
- Distant towards child

## Reunion Characteristics

- Kicked and yelled
- Threw a tantrum
- Avoided mother

## Approach to Security

- Angry
- Less harmonious
- Insecure

## Facets of Ambivalent Attachment

- Anxious

## Impact on Relationship Behaviors

- Feels unworthy

# DISORGANIZED ATTACHMENT STYLE

7

## Child Characteristics

- Cried often
- Insecure with not only their selves but relationships too

## Caregiver Characteristics

- Less sensitive
- Interactions with infant are muted and brief

## Reunion Characteristics

- Explored little
- Cried frequently

## Approach to Security

- Disorganized
- Unhappy

## Facets of Disorganized Attachment

- Intense anxiety

## Impact on Relationship Behaviors

- Short term relationships
  - Feels unworthy
  - disagreeable

# REFERENCES

Bretherton, I. (1992). The origins of attachment theory: John Bowlby and Mary Ainsworth. *Developmental Psychology, 28*(5), 759–775.

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