

Instructions:

Discussions are an opportunity to discuss prompts provided throughout the semester that demonstrate you have consumed the readings and reflected on how they impact your vocational goals. You must post **one original post by Friday at midnight** and respond to a minimum of **2 of your peers by Sunday at midnight**. You should cite at least two required readings from the week in your discussion posts and engage reflexively in the content. However, the format for these discussions is flexible. You are welcome to post voice threads, videos, photo series, powerpoints, artwork, etc. As long as you integrate the readings in some way. If you choose a creative format, still cite the readings in APA format in the post where you upload your content. These posts make up your participation grade and are my opportunity to assess your progress with the course.

ACLP Competency Demonstrated in this Assignment:

- This assignment aligns with Competency B of domain two within ACLP's Child Life Competencies titled Professional Responsibility: The ability to continuously engage in self-reflective professional child life practice.

Course-Level Objectives Assessed in this Assignment:

- Plan and execute developmentally appropriate activities that are appropriate for a health care setting.

Module-Level Objectives Assessed in this Assignment:

- Design a developmentally appropriate legacy activity and describe how it will be evaluated

Legacy Activity

Based on the reading by Boles et al, Legacy is defined as the passing down of items such as scrapbook, coloring, money (Boles et al., 2020). This article intrigued me due to the fact that it is related to end of life cases with individuals. Before reading this article, I didn't realize there was a specific word for end of life items that are passed down.

Summary of Case: Nathan is a young 9 year old boy who has a twin, where they are both are struggling with their grief. Nathan on the other hand is not suppressing his grief by consoling his mom regarding their stillborn.

Legacy Activity: The activity I am going to integrate is matching the emotion paint game. In this case, it seems as though Nathan put his grief on pause, which isn't always the best to do because of how that could build over time. In this activity, we are going to have 6 different emotions and he has to match those emotions with how he feels.

The goals in this activity are:

- Understanding emotions
- identifying own emotions and when we feel them

Materials Needed:

- Paper
- paint
- emotion cards

Instructions: Before the activity, I would like it to be one on one with the patient. I feel as though the environment should be based where Nathan feels the most comfortable, but not distracted.

Theoretical Connection: My activity connects to the developmental theory because based on the book Theories of Human Development, they describe that ages 5 to 11 are good ages to integrate structure (Newman et al., 2015). With Nathans case, I feel as though his scenario relates to the the cognitive theory which helps identify feeling, thinking, and understanding (Cantrell., 2023)

Boles, J., Jones, M., Dunbar, J., & Cook, J. (2020). Defining legacy: The perceptions of Pediatric Health Care Providers. *Clinical Pediatrics*, 59(11), 1004–1010

Newman, B. M., & Newman, P. R. (2015). *Theories of human development*

Cantrell, K., (2023) *Introduction to Human Development*