

**Course-Level Objectives Assessed in this Assignment:**

- Appropriately discuss current practices in direct and non-direct services in pediatric health care, including a historical review of the profession and its development in the evolution of children's health care.

**Module-Level Objectives Assessed in this Assignment:**

- Implement an approach to evaluation in child life practice.

**Prompt:**

When you design an intervention, the most essential ingredients are the population, variable(s), goal(s), and timeframe of the intervention. These elements also inform your evaluation plan. Like we discussed in your evaluation lecture, it is essential for your goal statement to be measurable so that you know how to assess if the intervention worked.

### **Discussion 7 Answer:**

Evaluation is defined as determining whether a goal that has been set for a patient has been achieved and what has been learned throughout the course. Evaluations can be in multiple different formats depending on what facility you are based in. For example, in the article by Cashin and Witt, they use the resource of a questionnaire to determine if their goals have been met with the child life specialists (2010). On the other hand, not all evaluations need to be written or a questionnaire. In Cristals et al article, they observed the child as a way to evaluate their success. They did this by observing their facial expressions, vocalization, or interaction (2018).

For my literature review, I plan on exploring sibling loss in children and how that may impact family bonds. The population that has impacted me the most for these psychosocial concerns are toddlers.

intervention:

This family support group will decrease feelings of hopelessness and loneliness by 20% (goal) among families who lost a sibling or child (population) following participation in 6 group meetings (timeframe)

## References

- Catherine S. Cashin & Susan D. Witt (2010) Resources for hospitalized children: an evaluation of the Starbright World Program by child life specialists, *Early Child Development and Care*, 180:3, 317-326, DOI: 10.1080/03004430801899237
- Sanchez Cristal, N., Staab, J., Chatham, R., Ryan, S., McNair, B., & Grubenhoff, J. A. (2018). Child life reduces distress and pain and improves family satisfaction in the Pediatric Emergency Department. *Clinical Pediatrics*, 57(13), 1567–1575.  
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